

APRIL 2019

Barkhamsted Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Bowl Choice Giant Grahams Goldfish Ham Slice Raw Veggies Hash Brown Potatoes Assorted Fruit	Breaded Chicken Filet WW Dinner Roll Loaded Ranch-Style Mashed Potatoes Cooked Carrots Assorted Fruit	Mac & Cheese Garlic Knot Butternut Squash Assorted Fruit	Hamburger OR Cheeseburger on a WW Roll Crinkle Fries Sour Pickle Chips Baked Beans Assorted Fruit	Big Daddy Cheese Pizza OR Sausage Pizza Square Steamed Broccoli Assorted Fruit
Mini French Toast Syrup Ham Cubes Carrot Sticks Assorted Fruit	Grilled Cheese Sandwich Homemade Corn Chowder OR Campbells Chicken Noodle Soup Raw Veggie Cup Assorted Fruit	Pasta With Meat Sauce Shredded Cheddar Cheese WW Bread & Butter Steamed Broccoli Assorted Fruit	Sweet & Sour Meat Balls Buttered Noodles Carrot Fries Baked Beans Assorted Fruit	French Bread Cheese Pizza Corn Kernel Assorted Fruit
No School	Spring Break	Enjoy the week off!!!	Spring Has Sprung	No School Good Friday
Breakfast Sandwich to order: (egg patty, ham slice, American Cheese) Raw Veggie Cup Sweet Potato Fries Assorted Fruit	BBQ Chicken Strips Brown Rice Mixed Vegetables Assorted Fruit	Cheese Ravioli Red Sauce Meat Balls WW Dinner Roll Steamed Broccoli Assorted Fruit	Hotdog On A WW Roll Baked Beans Potato Wedges Assorted Fruit	Tony's Single Serve Cheese Pizza Tossed Salad Assorted Fruit
Mini Waffles Syrup Yogurt American Cheese Potato Wedges Carrot Sticks Assorted Fruit	Hamburger OR Cheeseburger on a WW Roll Crinkle Fries Sour Pickle Chips Assorted Fruit	DID YOU KNOW... April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.		

ALT:
04/01-04/05
Deli Turkey & Cheese on a WW Crown Roll

04/08-04/12
Egg Salad Sandwich

04/15-04/19
NO SCHOOL

04/22-04/26
Grilled Cheese Sandwich

04/29-05/03
Deli Ham & Cheese on a WW Roll

School News
Five food components are offered with each lunch – milk, grain, meat/meat alternate, fruit and vegetable. Students must select AT LEAST 3 out of the 5 components and 1 of the components must be 1/2c. fruit or vegetable. Lunch menu subject to change. Lunch \$2.85 "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"