

# JUNE 2019

## Barkhamsted Elementary

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### DID YOU KNOW...

The June Bug, also known as June beetle, is the name for several large beetles seen in the United States during May and June. They are usually seen at night when the light attracts them.

3  
Mini Pancakes  
Syrup  
Sausage  
Sweet Potato Fries  
Raw Baby Carrots,  
Dipping Dressing  
Assorted Fruit

4  
Hotdog on a WW Roll  
Oven Fries  
Green Beans  
Assorted Fruit

5  
Chicken Alfredo on Penne  
WW Bread & Butter  
Steamed Broccoli  
Assorted Fruit

6  
Walking Taco With The Fixings  
Baked Beans  
Assorted Fruit

7  
French Bread  
Cheese Pizza  
Tossed Salad  
Assorted Fruit

10  
Hamburger or Cheeseburger on a WW Roll  
Crinkle Fries  
Baked Beans  
Assorted Fruit

11  
Grilled Cheese Sandwich  
Macaroni Salad  
Cooked Carrots  
Assorted Fruit

12  
Galaxy Cheese Pizza  
Tossed Salad  
Assorted Fruit

13  
Hotdog on a WW Roll  
Baked Chips  
Baked Beans  
Carrot Sticks  
Assorted Fruit

14  
We don't serve lunch.

**School Pizza Party!**

17  
Have

18  
a

19  
great

20  
Summer



24

25

26

27

28

### A La Carte

ALTERNATE FOR THE MONTH OF JUNE WILL BE:

Bagel With: Cream Cheese, Peanut Butter or Butter, and Egg Patty

### School News

Five food components are offered with each lunch – milk, grain, meat/meat alternate, fruit and vegetable. Students must select AT LEAST 3 out of the 5 components and 1 of the components must be 1/2c. fruit or vegetable. Lunch menu subject to change. Lunch \$2.85 "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"